

ADULT DANCE & FITNESS

JULY 2024

BOLENDER CENTER CAMPUS (Teens & Adults)

MON

PILATES OPEN REFORMER
LISA SIRRIDGE
5:30-6:30 pm

DANCEFIX
ALYSSA JONES
6:30-7:30 pm

BALLET
KRAMER KREILING
6:30-8:00 pm
(Beginner)

TUE

PILATES OPEN REFORMER
LISA SIRRIDGE
11:00 am-12:00 pm

BALLET
MAUREEN HALL
6:00-7:30 pm
(Intermediate)

TAP
MICHAEL MARTIN
6:30-7:30 pm
(Intermediate)

JAZZ
CHRISTINA BURTON
7:30-8:30 pm

WED

FLAMENCO
TAMARA CARSON
5:30-6:30 pm

PILATES OPEN REFORMER
LISA SIRRIDGE
6:00-7:00 pm

BALLET
COURTNEY COLLADO
6:00-7:30 pm
(Beginner)

DANCEFIX
ALYSSA JONES
6:30-7:30 pm

POINTE
COURTNEY COLLADO
7:30-8:30 pm
(Beg/Int)

THU

PROGRESSING BALLET TECHNIQUE
LISA SIRRIDGE
6:00-7:00 pm

BALLET
SEAN DUUS
6:00-7:30 pm
(Int/Adv)

FRI

PILATES OPEN REFORMER
LISA SIRRIDGE
11:00 am-12:00 pm

SAT

**NO DANCEFIX CLASSES
JULY 1 & 3
BOLENDER CENTER**

Questions? Contact school@kcballet.org
**Classes are subject to cancellation
due to low attendance*

SOUTH CAMPUS AT MEADOWBROOK (Teens & Adults)

MON

CLASSIC JAZZ
CHRISTINE COLBY-JACQUES
5:30-6:30 pm

BALLET
DEBBIE JACOBS-HUFFAKER
6:30-8:00 pm
(Intermediate)

TUE

DANCEFIX
CHRISTINA BURTON
8:30-9:30 am

BE MOVED
MICHELE HAMLETT-WEITH
9:30-10:30 am

BALLET
MICHELE HAMLETT-WEITH
11:00 am-12:30 pm
(Beginner)

PILATES MAT (TAYLOR'S VERSION)
LISA SIRRIDGE
6:30-7:30 pm

WED

SILVER TAP
SUZANNE RYANSTRATI
10:00-11:00 am
(ages 60+)

BALLET
SUSAN WILLIAMS
11:00am-12:30pm
(Beg/Int)

THU

SILVER BALLET
MICHELE HAMLETT-WEITH
9:30-10:30 am
(ages 60+)

BE MOVED
MICHELE HAMLETT-WEITH
11:00 am-12:00 pm

BALLET
EMILY SIMPSON
6:00-7:30 pm
(Beginner)

POINTE
EMILY SIMPSON
7:30-8:30 pm
(Beg/Int)

FRI

DANCEFIX
CHRISTINA BURTON
8:30-9:30 am

BALLET
MAUREEN HALL
9:30-11:00 am
(Intermediate)

BALLET
EMILY SIMPSON
11:00 am-12:30 pm
(Beginner)

SAT

**CLOSED JULY 4
BOTH CAMPUSES**

ADULT DANCE & FITNESS

At KC Ballet School, we believe dance is for everyone, including adults with little or no dance experience. Our dance & fitness class schedule is flexible and teens/adults can take as many or as few classes as their schedule allows.

PRICING

CLASS	INDIVIDUAL CLASS	5-PACK	10-PACK	20-PACK
Ballet	\$17	\$80	\$140	-
Dance & Fitness	\$15	\$70	\$120	-
Combo (All classes)	-	-	-	\$230

- Class reservations can only be cancelled up to 24 hours in advance.
- Class packs are ONLY available for use in dance & fitness classes.
- In order to start taking Reformer classes, schedule an Intro class by contacting the School.
- All sales are non-transferable, non-refundable.
- Classes have a capacity limit.
- Classes with limited attendance are subject to cancellation.

REFORMER CLASS PRICING

1 CLASS 60 minute	\$25
8 CLASS PACKAGE 3 month expiration	\$175 (buy 7, get 1 free)
16 CLASS PACKAGE 6 month expiration	\$350 (buy 14, get 2 free)

MIX & MATCH ANY CLASSES YOU LIKE!

MAKE IT EASY ON YOURSELF!

- Pay as you go with individual classes
- Or buy a 20-Class Pack to save you time, money and energy

Special Offers

- Parents of enrolled Academy students, current Kansas City Ballet subscribers, Guild members and BARRE KC members receive a 10% discount on 20-class pack for a total of \$207.
- Currently enrolled KCBS Academy student rate is \$14 for a single ballet class or \$170 for a 20-class pack.
- Professional dancers and collegiate student rate is \$14 for a single ballet class or \$210 for a 20-class card.
- **New Client Special!** \$25 for 2 weeks of unlimited dance classes. (Not valid for current students or Pilates Reformer classes.)

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