ADULT DANCE & FITNESS

APRIL 2024

BOLENDER CENTER CAMPUS (Teens & Adults)

MON

PILATES OPEN REFORMER LISA SIRRIDGE 6:00-7:00 pm

BALLET KRAMER KREILING 7:00-8:30 pm (Beginner)

DANCEFIX TROY MONGER-LEVIN 7:30-8:30 pm WED

PILATES OPEN REFORMER LISA SIRRIDGE 6:00-7:00 pm

BALLET ASPEN ROSS 7:00-8:30 pm (Beginner)

FLAMENCO TAMARA CARSON 7:30-8:30 pm BALLET SEAN DUUS 7:00-8:30 pm (Int/Adv)

THU

PILATES OPEN REFORMER LISA SIRRIDGE

10:00-11:00 am

FRI

SAT

YOGA JENNIFER OWEN 9:00-10:00 am

PILATES MAT (TAYLOR'S VERSION) LISA SIRRIDGE 9:00-10:00 am

BALLET TARYN OUELLETTE 1:30-3:00 pm (Beginner)

Questions? Contact school@kcballet.org *Classes are subject to cancellation due to low attendance

SOUTH CAMPUS AT MEADOWBROOK (Teens & Adults)

MON

TAP MELISSA FORD 6:30-7:30 pm (Beg/Int)

BALLET DEBBIE JACOBS-HUFFAKER 6:30-8:00 pm (Intermediate) DANCEFIX CHRISTINA BURTON 9:00-10:00 am

TUE

TUE

PILATES OPEN

11:00 am-12:00 pm

MAUREEN HALL

MICHAEL MARTIN

CHRISTINA BURTON

6:30-8:00 pm

(Intermediate)

6:30-7:30 pm

(Intermediate)

7:30-8:30 pm

REFORMER

BALLET

TAP

JAZZ

LISA SIRRIDGE

BE MOVED MICHELE HAMLETT-WEITH 9:30-10:30 am

BALLET MICHELE HAMLETT-WEITH 11:00 am-12:30 pm (Beginner)

BALLET BOD JENNY SCHMIDT 6:30-7:30 pm

ABSOLUTE BEGINNER BALLET WORKSHOP * TARYN OUELLETTE 7:00-8:30pm

POINTE COURTNEY COLLADO 7:30-8:30 pm (Beg/Int)

WED

BALLET TARYN OUELLETTE 11:00am-12:30pm (Beg/Int)

CLASSIC JAZZ CHRISTINE COLBY-JACQUES 6:00-7:00 pm

INTERMEDIATE BALLET VARIATIONS MARY KAY COTTRILL 7:15-8:30pm SILVER BALLET MICHELE HAMLETT-WEITH 9:30-10:30 am (ages 60+)

THU

BE MOVED MICHELE HAMLETT-WEITH 11:00 am-12:00 pm

BALLET EMILY SIMPSON 6:30-8:00 pm (Beginner) SILVER TAP SUZANNE RYANSTRATI 10:15-11:15 am (ages 60+)

FRI

BALLET TARYN OUELLETTE 11:30 am-1:00 pm (Intermediate) DANCEFIX CHRISTINA BURTON 9:00-10:00 am

SAT

BALLET LOGAN PACHCIARZ 12:15-1:45 pm (Int/Adv)

* ABSOLUTE BEGINNER BALLET 5-WK WORKSHOP Special Workshop Rate: \$60 Standard class packages will apply if preferred.



DOWNLOAD THE APP FOR ADVANCED CHECK-IN! Available through the App Store and Google Play

ADULT DANCE & FITNESS

At KC Ballet School, we believe dance is for everyone, including adults with little or no dance experience. Our dance & fitness class schedule is flexible and teens/adults can take as many or as few classes as their schedule allows.

PRICING					
CLASS	INDIVIDUAL CLASS	5-PACK	10-PACK	20-PACK	
Ballet	\$17	\$80	\$140	-	
Dance & Fitness	\$15	\$70	\$120	-	
Combo (All classes)	-	-	-	\$230	

- Class reservations can only be cancelled up to 24 hours in advance.
- Class packs are ONLY available for use in dance & fitness classes.
- In order to start taking Reformer classes, schedule an Intro class by contacting the School.
- All sales are non-transferable, non-refundable.
- Classes have a capacity limit.
- Classes with limited attendance are subject to cancellation.

REFORMER CLASS PRICING

1 CLASS 60 minute	\$25
8 CLASS PACKAGE	\$175
3 month expiration	(buy 7, get 1 free)
16 CLASS PACKAGE	\$350
6 month expiration	(buy 14, get 2 free)

MIX & MATCH ANY CLASSES YOU LIKE!

MAKE IT EASY ON YOURSELF!

- Pay as you go with individual classes
- Or buy a 20-Class Pack to save you time, money and energy

Special Offers

- Parents of enrolled Academy students, current Kansas City Ballet subscribers, Guild members and BARRE KC members receive a 10% discount on 20-class pack for a total of \$207.
- Currently enrolled KCBS Academy student rate is \$14 for a single ballet class or \$170 for a 20-class pack.
- Professional dancers and collegiate student rate is \$14 for a single ballet class or \$210 for a 20-class card.
- New Client Special! \$25 for 2 weeks of unlimited dance classes. (Not valid for current students or Pilates Reformer classes.)

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