



Junior Summer Intensive 2024 Information Packet

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1. WELCOME LETTER

Dear 2024 Junior Summer Intensive Families,

Welcome to Kansas City Ballet School's Junior Summer Intensive! Our program is dedicated to providing excellent training in ballet and various dance disciplines. Our curriculum will primarily focus on strengthening technique and refining artistry through the emphasis of placement, stamina, vocabulary, and performance quality.

We are SO excited for this year's JSI to take place in our beautiful new state-of-the-art studios at our South Campus!

Please read through this packet in its entirety – there are important details including dress code, studio policies and suggested items to bring. We hope this information helps you prepare for a summer at KCBS.

As a reminder, all payments are due in full by May 13. If there is anything we can do to assist you in the time leading up to the intensive, please let us know. We look forward to seeing you on June 3!

Sincerely,

A handwritten signature in black ink that reads "Kimberly Cowen". The signature is written in a cursive, flowing style.

Kimberly Cowen, Interim School Director

2. KANSAS CITY BALLET SCHOOL STAFF

ARTISTIC

Devon Carney, *Artistic Director*

Kimberly Cowen, *Interim School Director*

Lauren Fadeley Veyette, *Principal & Competition Coordinator*

Taryn Ouellette, *Principal, South Campus at Meadowbrook*

Dmitry Trubchanov, *Men's Program Coordinator & KCYB Associate Director*

Jordan Voth, *Company Pianist/Principal Academy Pianist*

ADMINISTRATIVE

Courtney Collado, *School Operations Manager*

Sean Duus, *R.O.A.D. Residency Coordinator*

Nora Burkitt, *Children's Program and Adaptive Dance Administrator*

Megan Robinson, *Bolender Center Administrator*

Quinse Thompson, *South Campus Administrator*

3. CONTACT INFORMATION

Kansas City Ballet School South Campus is located near 95th and Nall.

KCBS South Campus Mailing Address

Kansas City Ballet School
9415 Nall Ave
Suite 101
Prairie Village, KS 66207

KCBS South Campus Office Number

816-931-2299 x3

*Please note that School office hours vary during the day – if a staff member is not available to take your call, please leave a message and it will be returned as soon as possible.

KCBS Office Email

school@kcballet.org

Junior Summer Intensive Student Webpage

<https://kcballet.org/junior-summer-intensive/student-page/>

4. KANSAS CITY BALLET

Founded in 1957, Kansas City Ballet is a 30-member professional ballet company under the direction of Artistic Director Devon Carney and Executive Director David Gray. In the 2017-2018 season Kansas City Ballet celebrated its 60th Anniversary. Kansas City Ballet offers an eclectic repertory ranging from the traditional classics to exciting contemporary ballets. Through its professional company, its Second Company and its many community service programs, KCB seeks to nurture and develop its artists, audiences and students in the values inherent in the creativity, diversity and joy of dance. The company reaches over 20,000 Kansas City students and adults each year through its community education programs and provides dance training through the Kansas City Ballet School.

5. PREPARING FOR JUNIOR SUMMER INTENSIVE

a. Items for Day to Day Classes

- Dancewear – see dress code for more details.
- Water bottle
- Packed lunch
- Pilates/yoga mat*
- Mini fitness ball (9in)*
- Thera-Band*
- Hair items - hairbrush, bobby pins, hair ties, hair net, hair spray, etc.
- Foot care items – tape, Band-Aids, toe pads, blister pads, nail clippers
- Sewing kit

* We are encouraging all JSI participants to bring their own conditioning class materials.

b. Dress Code

ALL STUDENTS

- Students must be in dress code for every class
- No loose or baggy warm-ups are allowed for class
- Only small stud earrings are permitted – no other jewelry or watches
- Hair must be neat and secured away from the face

GIRLS

Required:

- Black, royal blue, or navy camisole or tank leotard (no lace or large cut-outs please)
- Pink convertible tights
- Pink ballet shoes
- Black or tan jazz shoes
- Pointe students: pointe shoes
- Black ballet skirt (to be worn for pre-pointe/pointe or variation classes only)

BOYS

Required:

- White Body Wrappers short sleeve pullover (B400 or M400) or a comparable style
- Black full-length tights
- Dance belt
- White ballet shoes/white socks or black ballet shoes/black socks
- Black or tan jazz shoes

c. Studio Etiquette

Proper attire

- Your dancer should have their hair up in a ballet appropriate style such as a bun, securely in place.
- Name tag must be worn for all JSI classes.
- Dress code is required for all classes.
- Warmups, such as tight jazz shorts, and legwarmers should not be worn during classes.

Proper Etiquette

- No gum, please.
- Please be respectful to your teachers, accompanists, and fellow students.
- Please respect the space, and clean up after yourself (Band-Aids, wrappers, etc.).

6. SAFETY

Student safety is of utmost importance. Rules and procedures are put in place to protect our students and must be adhered to by all.

During the first week of classes we may hold both a fire and tornado drill to ensure students are familiar with what to do in the event of an emergency. Students must follow all directions given by any KCBS staff member.

In the event of an emergency situation, our first priority is the safety of the students, and our second priority will be communicating with parents/guardians. This means that you may hear from your student before you hear from us.

7. HEALTH AND WELLNESS

a. Injury/Illness

Students should tell our staff right away about any illness or injury. A first aid kit is available at the front desk.

In the event of non-emergency injury or illness, our staff will contact the parents/guardians to let them know about the issue and decide on how to best handle the situation.

For an emergency situation, we would still contact the parents but may need to make decisions beforehand in the best interest of the student. Children's Mercy Hospital Kansas is five minutes from the South Campus.

b. Before Start of the Program

Please make sure students are healthy and fully cleared by their physician to participate in the Intensive. The amount of physical activity is rigorous, and we do not want any student to spend their summer primarily sitting out of class.

8. LIFE AT KCB

a. Policies

- Chewing gum, food and drinks (except water) are not allowed in the studio or dressing areas.
- Cell phones are not permitted in the studios and must be turned to silent when entering the building.
- Students are not allowed to sit at or play the pianos.
- During lunch students will eat in their assigned space. On nice days students may be escorted to eat lunch outside (if students are eating outside students must wear clothes or warm-ups over their dance uniform).
- We will have a refrigerator for dancers to keep their lunches in while they are dancing.
- There will be no eating utensils available; students must bring their own.
- Warm-up booties are not to be worn outside – otherwise they track dirt and dust into the studios.
- Dressing areas must be kept neat and tidy.
- All belongings should be kept inside of dance bags and no valuables should be brought to KCBS.
- KCBS is not responsible for any student property.
- Items, especially clothing or personal care items such as hairbrushes, may not be shared.
- Trash/recycling must be properly disposed of into designated receptacles.
- Students are responsible for cleaning up after themselves. Do not leave behind toe tape, Band-Aids, crumbs, spills, etc.
- Students are expected to behave respectfully and courteously at all times toward KCBS faculty and staff, the facility, and each other.

b. Parking/Drop-Off and Pick-Up

Parking is free and available in the lots north and south of our building.

Drop-Off and Pick-Up: Drivers must pull into a parking spot. Please do not double-park or block any cross traffic. Students are reminded to be cautious when moving through the parking lot, and drivers are reminded to be aware of pedestrians.

c. Attendance

Students are required to attend all scheduled classes for their assigned group. Regular attendance is essential for improving technique and building strength. Instructors take attendance daily and absences are reported to KCBS staff.

In the event a student will miss any class, including a late arrival or early dismissal, the parent/guardian must notify KCBS. Please contact us *prior to the absence* at school@kcballet.org or 816-931-2299 x3.

Tardiness is not permitted – students must be in class and ready to dance at the designated class time. Dancers arriving more than 10 minutes late may be asked to observe class.

d. Curriculum

There will be two levels of students. All students will attend class Monday through Friday from 9:00 AM to 4:00 PM. Group assignments will be given prior to the start of the program.

Classes offered in this program may include the following:

- Ballet Technique
- Repertory
- Variations
- Pre-pointe
- Pointe
- Men's Class
- Modern
- Contemporary
- Jazz
- Musical Theater
- Dance History
- Progressing Ballet Technique
- Pilates Mat
- Yoga

e. Faculty

Instructors for the Junior Summer Intensive include Kansas City Ballet School faculty. Ballet classes are accompanied by Kansas City Ballet School pianists. Please visit our website to view faculty biographies.

Faculty include:

Kimberly Cowen, *Interim School Director*

Taryn Ouellette, *Principal, South Campus at Meadowbrook*

Lauren Fadeley Veyette, *Daytime Principal & Competition Coordinator*

f. First Day of Classes – Monday, June 3, 2024

On the first day of classes, students will have a welcome orientation at 8:30am, prior to their first class. It will include an overview of the program and its policies.

g. Examples of Schedule

Example 1		Example 2	
9:00-9:45am	Conditioning/Stretch	9:00-9:45am	Conditioning/Stretch
10:00-11:45am	Ballet Technique	10:00-11:45am	Ballet Technique
11:45-12:30pm	Pre-Pointe/Pointe/Men's	11:45-12:30pm	Pre-Pointe/Pointe/Men's
12:30-1:00pm	Lunch	12:30-1:00pm	Lunch
1:00-2:30pm	Modern	1:00-2:30pm	Repertory
2:45-4:00pm	Jazz	2:45-4:00pm	Dance History

9. LAST DAY OF CLASSES – FRIDAY, JUNE 21, 2024

The final day of the Junior Summer Intensive will take place at the Todd Bolender Center for Dance & Creativity, Kansas City Ballet's downtown location (500 W Pershing Rd, Kansas City, MO 64108). Students will have a modified class schedule to allow for a studio demonstration.

We invite JSI families to join us for the 2:30 PM demonstration performance in the Michael and Ginger Frost Studio Theater at the Bolender Center. Space is limited.

Todd Bolender Center for Dance & Creativity

The Todd Bolender Center for Dance & Creativity is an award-winning facility located near downtown Kansas City and the vibrant Crossroads Arts District. The former power house building is fully renovated with seven light-filled studios and the 180-seat Michael and Ginger Frost Studio Theater. The Bolender Center houses the Kansas City Ballet professional company, the Kansas City Ballet School and the Kansas City Ballet's artistic and administrative staff.

a. Arrival/Departure

The Bolender Center will open at 8:30 AM. Upon arrival, students will proceed to their assigned dressing area to prepare for class. At the end of the day, all students should retrieve their belongings and head towards the main lobby.

Parking is free and available in our adjacent lot. Please note that the lanes closest to the entrance of the building are one-way going north.

Drop-Off: Please pull to the curb in front of the doors. Students should exit the vehicle curbside and not cross in front of traffic.

Pick-Up: Please find a parking spot or pull as far forward as possible along the curb. Do not double-park or block any cross traffic.