

ADULT DANCE & FITNESS

MARCH 2024

BOLENDER CENTER CAMPUS (Teens & Adults)

MON	TUE	WED	THU	FRI	SAT
PILATES OPEN REFORMER LISA SIRRIDGE 6:00-7:00 pm BALLET KRAMER KREILING 7:00-8:30 pm (Beginner) DANCEFIX TROY MONGER-LEVIN 7:30-8:30 pm	PILATES OPEN REFORMER LISA SIRRIDGE 11:00 am-12:00 pm BALLET MAUREEN HALL 6:30-8:00 pm (Intermediate) TAP MICHAEL MARTIN 6:30-7:30 pm (Intermediate) JAZZ CHRISTINA BURTON 7:30-8:30 pm	PILATES OPEN REFORMER LISA SIRRIDGE 6:00-7:00 pm BALLET ASPEN ROSS 7:00-8:30 pm (Beginner) FLAMENCO TAMARA CARSON 7:30-8:30 pm	BALLET SEAN DUUS 7:00-8:30 pm (Int/Adv)	PILATES OPEN REFORMER LISA SIRRIDGE 10:00-11:00 am	YOGA JENNIFER OWEN 9:00-10:00 am PILATES MAT (TAYLOR'S VERSION) LISA SIRRIDGE 9:00-10:00 am BALLET TARYN OUELLETTE 1:30-3:00 pm (Beginner)

**CLOSED MAR. 11-16 &
29-30 (Both Campuses)**

Questions? Contact school@kcballet.org

**Classes are subject to cancellation
due to low attendance*

SOUTH CAMPUS AT MEADOWBROOK (Teens & Adults)

MON	TUE	WED	THU	FRI	SAT
BARRE FITNESS SKYLER LINN 9:00-10:00 am BODY CONDITIONING SIDNEY HAEFS 12:00-1:00 pm TAP MELISSA FORD 6:30-7:30 pm (Beg/Int) BALLET DEBBIE JACOBS-HUFFAKER 6:30-8:00 pm (Intermediate)	DANCEFIX CHRISTINA BURTON 9:00-10:00 am BE MOVED MICHELE HAMLETT-WEITH 9:30-10:30 am BALLET MICHELE HAMLETT-WEITH 11:00 am-12:30 pm (Beginner) BALLET BOD JENNY SCHIMDT 6:30-7:30 pm POINTE COURTNEY COLLADO 7:30-8:30 pm (Beg/Int)	BALLET TARYN OUELLETTE 11:00am-12:30pm (Beg/Int) PROGRESSING BALLET TECHNIQUE (PBT) LISA SIRRIDGE 12:30-1:30 pm INTERMEDIATE BALLET VARIATIONS MARY KAY COTTRILL 7:15-8:30pm	SILVER BALLET MICHELE HAMLETT-WEITH 9:30-10:30 am (ages 60+) BE MOVED MICHELE HAMLETT-WEITH 11:00 am-12:00 pm BALLET EMILY SIMPSON 6:30-8:00 pm (Beginner)	SILVER TAP SUZANNE RYANSTRATI 10:15-11:15 am (ages 60+) BALLET TARYN OUELLETTE 11:30 am-1:00 pm (Intermediate)	DANCEFIX CHRISTINA BURTON 9:00-10:00 am BALLET LOGAN PACHCIARZ 12:15-1:45 pm (Int/Adv)

ADULT DANCE & FITNESS

At KC Ballet School, we believe dance is for everyone, including adults with little or no dance experience. Our dance & fitness class schedule is flexible and teens/adults can take as many or as few classes as their schedule allows.

PRICING

CLASS	INDIVIDUAL CLASS	5-PACK	10-PACK	20-PACK
Ballet	\$17	\$80	\$140	–
Dance & Fitness	\$15	\$70	\$120	–
Combo (All classes)	–	–	–	\$230

- Class reservations can only be cancelled up to 24 hours in advance.
- Class packs are ONLY available for use in dance & fitness classes.
- In order to start taking Reformer classes, schedule an Intro class by contacting the School.
- All sales are non-transferable, non-refundable.
- Classes have a capacity limit.
- Classes with limited attendance are subject to cancellation.

REFORMER CLASS PRICING

1 CLASS 60 minute	\$25
8 CLASS PACKAGE 3 month expiration	\$175 (buy 7, get 1 free)
16 CLASS PACKAGE 6 month expiration	\$350 (buy 14, get 2 free)

MIX & MATCH ANY CLASSES YOU LIKE!

MAKE IT EASY ON YOURSELF!

- Pay as you go with individual classes
- Or buy a 20-Class Pack to save you time, money and energy

Special Offers

- Parents of enrolled Academy students, current Kansas City Ballet subscribers, Guild members and BARRE KC members receive a 10% discount on 20-class pack for a total of \$207.
- Currently enrolled KCBS Academy student rate is \$14 for a single ballet class or \$170 for a 20-class pack.
- Professional dancers and collegiate student rate is \$14 for a single ballet class or \$210 for a 20-class card.
- **New Client Special!** \$25 for 2 weeks of unlimited dance classes. (Not valid for current students or Pilates Reformer classes.)

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