



Summer Intensive 2024

DAY STUDENT - Information Packet

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1. WELCOME LETTER

Dear 2024 Summer Intensive Families,

Welcome to the 43rd year of the Kansas City Ballet School's Summer Intensive. Our program provides excellent training in ballet and various dance disciplines. Our curriculum will primarily focus on strengthening technique and refining artistry through the emphasis of placement, stamina, vocabulary, and performance quality. Students will also study repertoire in preparation for the studio demonstration on Saturday, July 20th.

Please read through this packet in its entirety – there are important details that will be helpful in preparing for a summer dancing at KCBS. As a reminder, all payments are due in full by May 17th. Accounts with remaining balances on May 20th are subject to a \$150 late fee.

If there is anything we can do to assist you in the months leading up to the intensive, please let us know. We look forward to seeing you on June 16th.

Sincerely,



Kimberly Cowen, Interim School Director

KANSAS CITY BALLET SCHOOL STAFF

Devon Carney, *Artistic Director*

Grace M. Holmes, *School Director*

Kimberly Cowen, *Principal & KCYB Director*

Lauren Fadeley Veyette, *Principal & Competition Coordinator*

Taryn Ouellette, *Principal South Campus*

Dmitry Trubchanov, *Men's Program Coordinator & KCYB Associate Director*

Ramona Pansegrau, *Music Director*

Jordan Voth, *Principal Academy Pianist*

Monica Cameron, *School Operations Manager*

Nora Burkitt-Davis, *Children's Program & Adaptive Dance Coordinator*

Megan Robinson, *School Administrator*

2. CONTACT INFORMATION

BOLENDER CENTER CAMPUS


500 W. Pershing Road
Kansas City, MO 64108

 816.931.2299 x2



SOUTH CAMPUS AT MEADOWBROOK

9415 Nall Ave Suite 101
Prairie Village, KS 66207

 816.931.2299 x3

 summerintensive@kcballet.org



3. KANSAS CITY BALLET

a. HISTORY

Founded in 1957, Kansas City Ballet is a 30-member professional ballet company under the direction of Artistic Director Devon Carney and Executive Director David Gray. Kansas City Ballet offers an eclectic repertory ranging from the traditional classics to exciting contemporary ballets. Through its professional company, its Second Company and its many community service programs, KCB seeks to nurture and develop its artists, audiences, and students in the values inherent in the creativity, diversity, and joy of dance. The company reaches over 20,000 Kansas City students and adults each year through its community education programs and provides dance training through the Kansas City Ballet School.

KCB's home, the Todd Bolender Center for Dance & Creativity on the campus of Union Station, in conjunction with Resident Company status at the world-class Kauffman Center for the Performing Arts, has truly positioned Kansas City as a Destination for Dance.

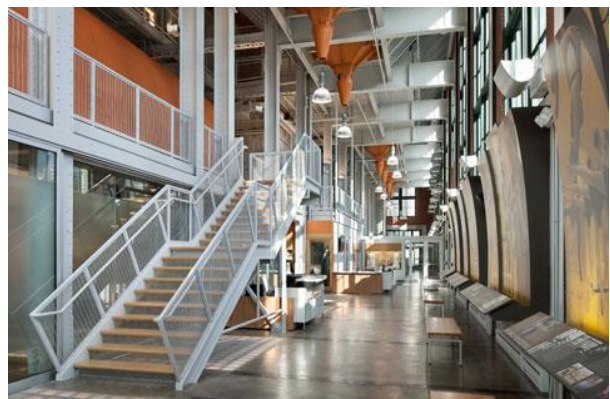
b. TODD BOLENDER CENTER FOR DANCE & CREATIVITY

The Todd Bolender Center for Dance & Creativity is an award-winning facility located near downtown Kansas City and the vibrant Crossroads Arts District. The former powerhouse building is fully renovated with seven light-filled studios and the 180-seat Michael and Ginger Frost Studio Theater. The Bolender Center houses the Kansas City Ballet professional company, the Kansas City Ballet School, and the Kansas City Ballet's artistic and administrative staff.

Bolender Center (Exterior)



Bolender Center (Lobby)



4. PREPARING FOR SUMMER INTENSIVE

a. ITEMS TO BRING

- Dancewear – See Dress Code for more details.
- Packed lunch – See Life at the Bolender Center for more details.
- Water bottle
- Pilates/yoga mat
- Thera-Band
- Toiletries (as needed)
- Sewing kit
- Hair items - hairbrush, bobby pins, hair ties, hair net, hair spray
- Foot care items – tape, Band-Aids, toe pads, blister pads, nail clippers
- Hand sanitizer

b. DRESS CODE

ALL STUDENTS

- Face masks are optional for all students but may be implemented if needed.
- Students must be in dress code for every class.
- No warm-ups are allowed for class.
- Only small stud earrings are permitted – no other jewelry.
- Hair must be neat and secured away from the face for all dance classes except for conditioning classes.
- When dancers arrive and leave the building, they must wear street clothing over their dancewear.
- Warm-up booties may only be worn in the studios.

DRESS CODE OPTION #1

All leotards must be simple and modest with no excessive cutouts or straps and no zippers. No patterns or multi-colored leotards are permitted.

- Any single-colored leotard unless otherwise notified.
- On the first day of classes, students opting for a leotard should wear a black leotard.
- For the Studio Demonstration, students will wear their KCBS SI Elevé leotard.
- We will have at least one crazy leotard day during the intensive where patterned/multi-colored leotards will be allowed.

Required

- KCBS SI Elevé leotard (included as part of the tuition)
- black leotard (must meet leotard requirements above)
- black ballet skirt
- pink or skin toned convertible tights (must be worn under leotard)
- pink or skin toned ballet shoes
- pink or skin toned pointe shoes
- black or tan jazz shoes
- black or tan character shoes (no more than 2" heel)
- black character skirt (shin length)
- tennis shoes/sneakers for hip hop class (should not be worn outdoors)
- nametag (will be provided – must be worn in every class)

Optional

- single-colored leotards (must meet leotard requirements above)
- single colored ballet skirts
- black jazz tights, shorts and/or pants (if wearing shorts, tights must be worn underneath)

DRESS CODE OPTION #2

- Options include white shirts, with black, white, or gray tights, and white or black shoes unless otherwise notified.
- We will have at least one crazy uniform day during the intensive where patterned/multi-colored shirts or unitards will be allowed.

Required

- KCBS SI Elevé Shirt (included as part of tuition)
- white shirt (fitted t-shirt or compression shirt, no graphics or text)
- black full-length tights
- dance belt
- white ballet shoes/white socks
- black ballet shoes/black socks
- black or tan jazz shoes
- tennis shoes/sneakers for hip hop and fitness classes (should not be worn outdoors)
- nametag (will be provided – must be worn in every class)

Optional

- full-length tights in white or gray
- black jazz pants
- athletic pants for fitness classes

c. BOLENDER CENTER OPEN HOUSE

The Bolender Center will be open from 12:00 to 2:00 pm on Sunday, June 16th. This is an optional opportunity for students and families to see the space if desired. Please note the Bolender Center will close at 2:00 PM so that our staff can be present at the 2:30 pm Dorm Orientation at the Kansas City Art Institute.

5. HEALTH AND WELLNESS

a. BEFORE ARRIVAL

Please make sure students are healthy and fully cleared by their physician to participate in the Intensive. The amount of physical activity is rigorous, and we do not want any student to spend their summer primarily at the physical therapist or sitting out of class.

Students should be checked for head lice prior to the Intensive. If any sign of head lice is found, please arrange for appropriate and immediate treatment well BEFORE the student leaves for Kansas City and let us know that such treatment has taken place. If any positive cases are found during the Intensive, the student(s) must be treated before returning to the program.

b. INJURY/ILLNESS

Students should tell our staff right away about any illness or injury. A first aid kit is available at the front desk.

In the event of non-emergency injury or illness, our staff will contact the parents/guardians to let them know about the issue and decide on how to best handle the situation.

For an emergency, we would still contact the parents but may need to make decisions beforehand in the best interest of the student. Children's Mercy Hospital is four minutes from the Bolender Center.

If a student needs to miss class for any medical appointment, please try to schedule the appointment in a manner that allows the student to attend the most classes possible. Remember to notify us ahead of time of any absence.

If a student encounters someone who is COVID-19 positive, the student will mask for 5 days from the date of contact. On day 5 test and if negative, the student can discontinue masking.

Students in quarantine who are asymptomatic can return to the studio after 5 days but must mask for an additional 5 days. Students in quarantine who are symptomatic can return to the studio after 5 days or when symptoms alleviate. If returning to the studio within 5 days of a positive test, the student must mask by day 10.

For out-of-state families, please note that Missouri law requires a prescription for a physical therapy appointment. Prescriptions from other states are accepted.

e. ICING

If students feel the need to ice their muscles, they must do it at home at the end of their dance day.

Ice is available at the Bolender Center in case of injury. Records will be kept of all students icing at the Bolender Center.

6. LIFE AT THE BOLENDER CENTER

a. ARRIVAL/DEPARTURE

The Bolender Center will open each weekday morning at 8:30 AM. Upon arrival, students will proceed to their assigned dressing area to prepare for class. At the end of the day, all students should retrieve their belongings and head towards the main lobby.

Day students may wait in the conference room for their ride, or exit if driving, walking, or using public transportation.

Parking is free and available in our adjacent lot. Please note that the lanes closest to the entrance of the building are one-way going north.

Drop-Off: Please pull to the curb in front of the doors. Students should exit the vehicle curbside and not cross in front of traffic. Please note that students are to be dropped off no earlier than 30 minutes prior to their class start time.

Pick-Up: Please find a parking spot or pull as far forward as possible along the curb. Do not double-park or block any cross traffic. Please note that students are to be picked up no later than 15 minutes after their class end time.

b. DRESSING ROOMS

There are dressing rooms available for students to change in **only as needed**. Female identifying dancers ages 11-17 will use the upstairs dressing areas, female identifying dancers 18-22 will use the main floor women's dressing room, and male identifying dancers will use the main floor men's dressing room.

POLICIES

- **Students are responsible for cleaning up after themselves.** Do not leave behind trash, toe tape, used Band-Aids, etc.
- Trash/recycling must be properly disposed of into designated receptacles.
- Chewing gum, food, and drinks (except water) are not allowed in the Bolender Center studios.
- Dance bags must be kept in the dressing room (only water bottles and small items like a pointe shoe bag may be brought into the studio).

- Bags should be arranged in an organized fashion and all belongings should be kept INSIDE of dance bags.
- Items, especially clothing or personal care items such as hairbrushes, may not be shared.
- No valuables should be brought to the Bolender Center.
- KCBS is not responsible for loss of student property.

Any items that are left behind in the hallways or studios will be placed in the lost and found bins.

c. STUDIOS

POLICIES

- Students are responsible for cleaning up after themselves. Do not leave behind trash, toe tape, used Band-Aids, etc.
- Trash/recycling must be properly disposed of into designated receptacles.
- Chewing gum, food, and drinks (except water) are not allowed in the studios.
- Cell phones are not permitted in the studios and must be turned to silence when entering the building.
- Students are not allowed to sit or play on the pianos.
- Warm-up booties are to be worn in the studios only – otherwise they track dirt and dust into the studios.
- Classes are closed to visitors.

d. LUNCH

Lunch for all students will take place in assigned areas in the Bolender Center. If a student needs their lunch refrigerated, they may leave their lunch on the designated cart when they arrive in the morning. The lunches are then kept refrigerated until lunchtime. Microwaves are not available to SI students.

POLICIES

- Students are responsible for cleaning up after themselves. Do not leave behind trash, crumbs, spills, etc.
- Trash/recycling must be properly disposed of into designated receptacles.
- Students should bring everything they need for their meal, including utensils.
- Lunch may only be eaten in designated areas.
- Students must listen to and follow instructions given by staff as announcements are often made during lunch.

e. BOLENDER CENTER BUILDING

POLICIES

- Students may not use the elevator or the exterior stairwells, only the central staircases. Exterior stairwells may be used in cases of emergency.
- The Bolender Center has beautiful open architecture, but this means noise in the hallways and on every floor affects our administrative staff – students must be quiet and respectful of those working in the building.
- Students must remain at the Bolender Center during the day.

f. SAFETY

Student safety is of utmost importance. Rules and procedures are put in place to protect our students and must be adhered to by all.

During the first week of classes, we will hold a fire drill to ensure students are familiar with what to do in the event of an emergency. Students must follow all directions given by any KCB staff member.

In the event of an emergency, our priority is the safety of the students, and our second priority will be communicating with parents/guardians. Parents, this means that you may hear from your student before you hear from us.

g. BEHAVIOR AND CONDUCT

- Students must listen to and follow instructions given by KCB and KCBS staff.
- Students are expected to always behave respectfully and courteously toward staff, faculty, the facilities, and each other, in words and action.
- Students must be respectful of other people's space and personal belongings.
- Consequences for Rule Infraction:
 - First infraction: The student will have a meeting with a member of KCBS staff.
 - Second infraction: KCBS staff will speak with the parent/guardians.
 - Third infraction: The student will be sent home immediately.

7. DANCING AT KCB

a. ATTENDANCE

Students are required to attend all scheduled classes for their assigned level. Regular attendance is essential for improving technique and building strength. Instructors take attendance daily and absences are reported to KCBS staff.

In the event a student misses any class, including a late arrival or early dismissal, the parent/guardian (or student, if 18+) must notify KCBS. Please contact us *prior to the absence* at summerintensive@kcballet.org or 816-931-2299 x2.

Extended absences for vacations, competitions, etc. are discouraged and must be approved by the School Director.

Tardiness is not permitted – students must be in class and ready to dance at the designated class time. Dancers arriving more than 10 minutes late may be asked to observe class.

b. CURRICULUM

Students attend class Monday through Friday from 9 AM to 5 PM and Saturday from 9 AM to 1 PM. The daily schedule will be posted one week at a time on bulletin boards at KCB.

The schedule varies daily and may include any of the following classes:

Ballet Technique	Character	Hip Hop
Men's Class	Flamenco	Conditioning
Pointe	Jazz	Improv
Variations	Modern	Yoga
Repertory	Contemporary	Seminar

c. FACULTY

Instructors for the Summer Intensive include Kansas City Ballet Artistic Staff, Kansas City Ballet School Faculty, and Kansas City Ballet Company dancers. All ballet classes are accompanied by Kansas City Ballet School pianists. Please visit the [Summer Intensive Faculty and Staff](#) page to view faculty and guest biographies.

KCB Faculty and Artistic Staff:

Devon Carney, *Artistic Director*

Kimberly Cowen, *Interim School Director*

Kristi Capps, *Rehearsal Director*

Parrish Maynard, *Rehearsal Director*

Christopher Ruud, *Second Company Manager, Rehearsal Director*

Lauren Fadeley Veyette, *Principal, Competition Coordinator*

Taryn Ouellette, *Principal, South Campus at Meadowbrook*

Dmitry Trubchanov, *Men's Program Coordinator, Associate KCYB Director*

Guest Teachers:

Duncan Cooper
Charmaine Hunter
Louise Lester
Miyesha McGriff

d. FIRST DAY OF CLASSES – MONDAY JUNE 17, 2024

Students will be directed to their assigned placement class. Students should be prepared to attend technique class, a pointe class or men's technique, and an afternoon class. Students will be evaluated by KCBS faculty to make sure they are placed in appropriate levels.

For the first day of classes, dancers wearing uniform option #1 should wear a black leotard. Dancers wearing uniform option #2 should wear a white shirt. Students should bring whatever they need for ballet and pointe if applicable.

e. LEVEL PLACEMENT

Upon arrival on Tuesday, June 18th, level placement will be posted on the Mezzanine level at the Bolender Center. Please note that placement is at the discretion of the Kansas City Ballet School faculty. Faculty will consider age and technical ability when placing students. Throughout the first week, all students are continually assessed to ensure proper level placement. Our faculty have the students' best interests in mind and seek to determine the best place for them to learn and grow as dancers during their time here.

f. LAST DAY OF CLASSES – SATURDAY JULY 20, 2024

On the final day of the Summer Intensive students will have a modified schedule. Students are welcome to invite 2 guests to attend Studio Demonstrations at the Bolender Center in person. The demonstrations will be held in the Michael and Ginger Frost Studio Theater and will be approximately 45 minutes long.

Students in each level will present a repertory ballet piece (may be classical or new choreography) as well as a piece from one or two other dance disciplines. Details are subject to change.