

# STUDENT DRESS CODE

### DRESS CODE POLICIES

Students must arrive to class in proper dress code with appropriate hair. For security purposes, street clothing and street shoes are required when entering and exiting the building. Dance shoes are prohibited from being worn outside the studio.

Shoes must be worn at all times inside the building except during Creative Movement, Fundamentals, Modern and Conditioning classes.

No warm-ups, shorts, tank tops, or legwarmers are allowed in Academy ballet classes. Skirts are only permitted in pointe, flamenco and character classes. Elastics and ribbons on ballet shoes and pointe shoes must be properly sewn and tucked in.

Ladies in Pre-Ballet – Level 8 and Daytime should wear their hair in a ballet appropriate style; bun, French twist, or any hair style that is secure and without loose hair. Appropriate hair products should be used (hair spray, gel, etc).

Students should not bring expensive items, such as electronics or jewelry, to the studio. Jewelry and watches should not be worn in any KCBS classes. All belongings should be kept INSIDE of dance bags.

Female dancers are not to wear undergarments under their leotard and tights. If a female dancer needs to wear undergarments, we ask that it be easily concealed by their leotard.

KCBS is not responsible for lost, stolen, or damaged items. Labeling all personal items with the student's name is recommended. Please check the lost and found for missing items. All items that have not been retrieved from the lost and found will be discarded or donated to charity.

### **AREA DANCE SHOPS**

There are a number of dance shops in the Kansas City area. Here are two we recommend:

The Dance Shoppe 512 NW Englewood Rd

Kansas City, MO 64118 ph: 816-455-1995

Dégagé Dancewear 10350 Metcalf Ave

Overland Park, KS 66212

ph: 913-381-8492



## CHILDREN'S DIVISION (ages 2 -7)

### DANCE WITH ME - CREATIVE MOVEMENT - FUNDAMENTALS

### **OPTION #1**

- Light pink Body Wrappers cap sleeve leotard (Style #BWP020) or KCBS Elevé leotard
- Pale pink footless tights
- No ballet shoes
- Hair should be pulled back neatly and secure
- No jewelry, watches or hair accessories

### **OPTION #2**

- White t-shirt
- Black tights/leggings
- No ballet shoes
- Hair should be styled neatly and kept out of the face
- No jewelry, watches or hair accessories

### PRE-BALLET

### **OPTION #1**

- Light pink Body Wrappers cap sleeve leotard (Style #BWP020) or KCBS Elevé leotard
- "Ballet Pink" color Body Wrappers Total Stretch Mesh Seamed Convertible Tights
- Pink, full sole ballet shoes
- Hair pulled back neatly and secure in a ballet appropriate hair style (see pg 1 for details)
- No jewelry, watches or hair accessories
- Ballet class notebook

- White fitted t-shirt
- M Stevens or Body Wrappers black tights
- White ballet shoes with white socks
- Hair should be styled neatly and kept out of the face
- No jewelry, watches or hair accessories
- Ballet class notebook



# PRIMARY DIVISION (ages 7-11)

### LEVEL 1

### **OPTION #1**

- Light blue Body Wrappers cap sleeve leotard (Style #BWP020) or KCBS Elevé leotard
- "Ballet Pink" color Body Wrappers Total Stretch Mesh Seamed Convertible Tights
- Pink, full sole ballet shoes
- Hair pulled back neatly and secure in a ballet appropriate hair style (see pg 1 for details)
- No jewelry, watches or hair accessories
- Ballet class notebook

### **OPTION #2**

- White Body Wrappers short-sleeved t-shirt
- Black M Stevens or Body Wrappers tights
- White ballet shoes with white socks
- Hair should be neatly styled and kept out of the face
- No jewelry, watches or hair accessories
- Ballet class notebook

### LEVEL 2

### **OPTION #1**

- Red Body Wrappers tank leotard (Style #BWP015) or KCBS Elevé leotard
- "Ballet Pink" color Body Wrappers Total Stretch Mesh Seamed Convertible Tights
- Pink, full sole ballet shoes
- Optional flesh toned tights and shoes for ballet classes
- Hair pulled back neatly and secure in a ballet appropriate hair style (see pg 1 for details)
- No jewelry, watches or hair accessories
- Ballet class notebook

- White Body Wrappers short-sleeved t-shirt
- Black M Stevens or Body Wrappers tights
- White ballet shoes with white socks
- Hair should be neatly styled and kept out of the face
- No jewelry, watches or hair accessories
- Ballet class notebook



### PREPARATORY DIVISION (ages 9 and up)

### LEVEL 3

### **OPTION #1**

- Royal blue tank leotard (Body Wrappers BWP015 or Capezio CC201) or KCBS Elevé leotard
- "Ballet Pink" color Body Wrappers Total Stretch Mesh Seamed Convertible Tights
- "Black" color Body Wrappers Total Stretch Mesh Seamed Convertible tights
- Pink, full sole ballet shoes
- Bloch pre-pointe shoes (New Students: Wait to sew shoes until after the 1st class)
- Optional flesh toned tights and shoes for ballet classes
- Tan slip-on jazz shoes
- Green Thera-band
- Ballet class notebook
- Hair pulled back neatly and secure in a ballet appropriate hair style (see pg 1 for details)
- No jewelry, watches or warm-ups may be worn in the classroom

- White Body Wrappers short-sleeved t-shirt
- Black M Stevens or Body Wrappers tights
- White ballet shoes with white socks
- Black slip-on jazz shoes
- Ballet class notebook
- Hair should be styled neatly and kept out of the face
- No jewelry, watches or warm-ups may be worn in the classroom



### LEVEL 4

#### **OPTION #1**

- Uniform KCBS Elevé leotard; this leotard should be worn for performances, evaluations, and KCB auditions.
- Additional Navy leotards in Body Wrappers style BWP215 or BWP015
- "Ballet Pink" color Body Wrappers Total Stretch Mesh Seamed Convertible Tights
- "Black" color Body Wrappers Total Stretch Mesh Seamed Convertible Tights
- Light Pink Canvas Sansha Split Sole ballet shoes
- Pointe shoes (New students: Wait to sew pointe shoes until after 1st pointe class) \*
- Optional flesh toned tights and shoes for ballet & pointe classes
- Optional for Pointe Class: Black Elevé Tulip Skirt or any black ballet skirt
- Character shoes and black flamenco skirt for Flamenco
- Single subject spiral notebook
- Green Thera-Band and Yoga Mat for Conditioning
- Hair pulled back neatly and secure in a ballet appropriate hair style (see pg 1 for details)
- No jewelry, watches or warm-ups may be worn in the classroom

- Uniform KCBS Elevé white t-shirt: this shirt should be worn for performances, evaluations, and KCB auditions.
- Black M Stevens or Body Wrappers tights
- Dance Belt
- White ballet shoes with thin, white socks
- Black slip-on Jazz Shoes
- Green Thera-band and Yoga Mat for Conditioning
- Ballet class notebook
- Hair should be styled neatly and kept out of the face
- No jewelry, watches or warm-ups may be worn in the classroom



### SECONDARY DIVISION

### **INTERMEDIATE & ADVANCED**

### **OPTION #1**

- Uniform Elevé leotard; this leotard should be worn for performances, evaluations, and KCB auditions.
- Additional black leotards in Capezio style CC100 or CC201
- "Ballet Pink" color Body Wrappers Total Stretch Mesh Seamed Convertible Tights for evaluations
- "Black" color Body Wrappers Total Stretch Mesh Seamed Convertible Tights
- Light pink canvas Sansha split sole ballet shoes and sewn pointe shoes for evaluations
- Optional flesh toned tights and shoes for ballet & pointe classes
- Uniform Black Elevé Tulip skirt for pointe class only
- Character shoes and black character skirt (Level 5 and Daytime)
- Tan slip-on jazz shoes
- Blue Thera-band and Yoga Mat for Conditioning
- Hair pulled back neatly and secure in a ballet appropriate hair style (see pg 1 for details)
- No jewelry, watches or warm-ups may be worn in the classroom

### Option #2

- Uniform KCBS Elevé white t-shirt; this shirt should be worn for performances, evaluations, and KCB auditions
- Black M Stevens or Body Wrappers tights
- Dance belt
- White ballet shoes with thin, white socks
- For Performance only: Black ballet shoes with black socks
- Black slip-on jazz shoes
- Blue Thera-band and Yoga Mat for Conditioning
- Hair should be styled neatly and kept out of the face
- No jewelry, watches or warm-ups may be worn in the classroom



### PRE-PROFESSIONAL DIVISION

### **EVENING & DAYTIME PROGRAMS**

#### **OPTION #1**

- Uniform Elevé leotard; this leotard should be worn for performances, evaluations, and KCB auditions.
- Additional black leotards in Capezio style CC100; CC201; SE1014C; or CC450
- "Ballet Pink" color Body Wrappers Total Stretch Mesh Seamed Convertible Tights for evaluations
- "Black" color Body Wrappers Total Stretch Mesh Seamed Convertible Tights
- Light pink canvas Sansha split sole ballet shoes and sewn pointe shoes for evaluations
- Optional flesh toned tights and shoes for ballet & pointe classes
- Uniform Black Elevé Tulip skirt for pointe class only
- Character shoes and black character skirt (Level 5 and Daytime)
- Tan slip-on jazz shoes
- Blue Thera-band and Yoga Mat for Conditioning
- Hair pulled back neatly and secure in a ballet appropriate hair style (see pg 1 for details)
- No jewelry, watches or warm-ups may be worn in the classroom

- Uniform KCBS Elevé white t-shirt; this shirt should be worn for performances, evaluations, and KCB auditions
- Black M Stevens or Body Wrappers tights
- Dance belt
- White ballet shoes with thin, white socks
- For Performance only: Black ballet shoes with black socks
- Black slip-on jazz shoes
- Blue Thera-band and Yoga Mat for Conditioning
- Hair should be styled neatly and kept out of the face
- No jewelry, watches or warm-ups may be worn in the classroom